

**HEY-WAY-NOQU HEALING CIRCLE OF ADDICTIONS SOCIETY
POST SECONDARY EDUCATION PROGRAM**

CHEMICAL ADDICTION COUNSELLING STUDIES

Course Descriptions

ACHD 224 – Addictions and Recovery or SOCW 466 - Addictions

Survey of Addiction Studies

3 credits hrs.

Provides overview of impact of alcohol and drugs on society and First Nations people, historically, currently and futuristically as well as cultural differences in addictions with emphasis on First Nations culture. Also includes the understanding of the disease concept of alcoholism/drug abuse and the patterns of progression. Includes the various elements of the recovery process and the continuum of care of the addicted person and the family.

Date: November 17 to 22, 2008

Location: NVIT Burnaby, B.C.

ADCT 104 – Case Management

Addictions Case Management

3 credit hrs.

Designed to assist participants in the ability to manage client's caseloads through the understanding of the disease concept, continuum of care, diagnostic assessment, maintenance of client files, treatment planning, progress notes, and aftercare follow-up.

Date: December 8 – 12, 2008

Location: NVIT Burnaby, B.C.

ADCT 101 – Counselling Skills, Processes, Theory, and Methods

Addictions Counselling Techniques

3 credit hrs.

The participants will come to understand the special skills and knowledge of techniques required to be an effective addictions counsellor. Emphasis placed on the special role played by the counsellor in providing professional guidance, assistance and support for the client's effort to achieve and maintain the fullest possible recovery from addiction.

January 12 to 17, 2009

Location: NVIT Burnaby, B.C.

SOW 461 – Social Work Practice with Groups

Group Facilitation

3 credit hrs.

This course is designed to assist participants through a process of experiential learning that provides skill-building activities in group dynamics resulting in new or strengthened group facilitative skills that can be applied in addiction counselling.

Date: February 9 to 14, 2008

Location: NVIT Burnaby, B.C.

ADCT 201 – Family Systems

or ACHD 129 – Introduction to Aboriginal Family & Counselling Systems

Addictions and the Family

3 credit hrs.

Designed to assist participants in understanding the effects of alcoholism and other chemical dependency related problems on the First Nations people, First Nation families, including youth and family issues, co-dependency, children of alcoholics, adult children of alcoholics, developing support groups and family focused prevention activities.

Date: March 9 to 14, 2009

Location: NVIT Burnaby, B.C.

ACHD 126 – Self, Health and Wellness

Relapse Prevention

3 credit hrs.

Designed to assist participants in understanding the recovery process, identify warning signs of relapse and develop effective relapse planning with the clients.

Date: April 13 to 25, 2009

Location: NVIT Burnaby, B.C.

ADHD 103 – Introduction to Mental Health

Dual Disorders/Addiction and Mental Health Disorders

3 credit hrs.

The purpose of this course is to assist participants in developing an adequate understanding of clients who have dual disorders, addiction and mental disorders.

Participants will develop an understanding of addiction and personality, depression, anxiety, bipolar, schizophrenia, dissociative, obsessive-compulsive and post-traumatic stress disorders.

Date: May 11 to 16, 2009

Location: NVIT Burnaby, B.C.

ADCT 203 – Special Issues In Counselling

Cultural Diversity

3 credit hrs.

Designed to provide participants with knowledge and skills in the identification and exploration of the cultural ramifications in a helping relationship and to provide an opportunity for students to enhance their effectiveness as helpers by confronting systematic and personal issues of working in a culturally diverse atmosphere.

Date: June 15 to 20, 2009

Location: NVIT Burnaby, B.C.

ADCT 204 – Advanced Counselling

Counselling Theories

3 credit hrs.

General overview of the scientific study of the theoretical bases of counselling psychology. This course is designed to develop an understanding of the ways in which the human personality is conceptualized from the seven major theoretical counselling perspectives and to provide an opportunity for the counsellor to explore and determine **the needs of the client and outline possible directions of treatment.**

Date: July 13 to 18, 2009

Location: NVIT Burnaby, B.C.

ADCT – Introduction To Mental Health

Crisis Intervention

3 credit hrs.

The purpose of this course is to assist participants in developing an adequate understanding of crisis intervention and responses to specific issues of victimization as it relates to child abuse, sexual assault, domestic violence and suicide.

Date: August 10 to 15, 2009

Location: NVIT Burnaby, B.C.

ADCT 102 – Psychology, Understanding Human Behavior

Human Growth and Development

3 credit hrs.

This course is to familiarize participants with the basic theories of human growth and development, physically, emotionally, intellectually, socially, culturally and spiritually, through infancy, childhood, adolescence, middle age and elderly. In addition, the participants will examine the connection between theory and factors that appear to manifest human growth and development in their personal lives. Special emphasis placed on cultural factors, relationship issues, gender and personality formation.

Date: August 17 to 22, 2009

Location: NVIT Burnaby, B.C.

Unable to match NVIT course

Physiological Actions of Alcohol and Drugs

3 credit hrs.

Designed to assist participants in developing an adequate understanding of the physiology and pharmacology of drug action. Covers effects and interaction of drugs on the physical, psychological and socio-cultural aspects of the total person. Includes diagnosis of drug-abusing clients.

Date: September 21-27 2009(Tentative)

Location: NVIT Burnaby, B.C.